

# Private Pilot Flight Training

## Solo Cross Country Checklist

### Initial Planning

- Confirm OFC Trip Policy has been read (available in hard copy beside dispatch)
- Current and appropriate charts
- Current CFS
- Restricted airspace
- Track lines, set heading points, 10° drift lines, ground speed check points
- Initial flight log preparation
  - En route altitudes, MOCA
  - True track, variation, distance,
  - Information on all destination airports
    - Airspace
    - Runways, circuit altitudes, frequencies
    - Special instructions
    - Knowledge of opening and closing times for FBO's for fuel
    - Knowledge of refueling procedures in Kingston and Cornwall
- In-flight log preparation – ground speed check points, dist., dist. to destination
- Alternate airports
- Radio procedures for planned and alternate airports
  - En route (including contacting Ottawa Terminal when returning)
  - MF and ATF
- Uncontrolled airport procedures
- Lost procedures

### Final Planning

- Complete weather briefing including relevant; METAR's, TAF's, PIREP's, FD's, NOTAM's, SIGMET's, AIRMET's
- Complete flight log – headings, fuel calculations, flight times, altitudes
- Weight and balance for all legs
- Crosswind calculations for each destination (use TAF or relevant forecasted winds)
- Takeoff and landing calculations for each destination (use TAF or relevant forecasted winds)
- Flight plan (and closing flight plan procedures)
- Ensure arrival back in Ottawa a minimum of 1 hour before dark

### Equipment

- Appropriate clothing (ie. Winter clothing) according to the procedures found in Cold Weather Operations
- Survival kit
- Depart with full fuel

### Documents

- Confirm all aircraft documents present and valid, and that the aircraft has enough time before inspection
- Brief on relevant deferred defects of the plane
- Personal documents including;
  - SPP and medical
  - Radio operator's licence
  - Credit card for fuel
- Hard cover logbook up to date and available for signatures (*bring this for proof of your 150NM*)
- OFC flight following procedures shall be followed at all times. These include;
  - Complete the copy of flight plan form and leave with dispatch
  - Signing out in the flight sheet